






# TOBOGGAN FUNDAMENTALS

- ❄️ Employ sound judgment to ensure the **Safety** of the toboggan handlers, passenger, and the public.
- ❄️ Use a blend of **Technical Fundamentals**, along with chain/rope management, to control the speed and direction of the toboggan.
- ❄️ Use **Route Selection** and other tactical skills to optimize the path of the toboggan to safely arrive at a scene or transport a patient.
- ❄️ Employ appropriate **Communication** between toboggan handlers, passenger, and the public.

## KEY POINTS FOR LEAD OPERATORS

- ❄️ Maintain an **Athletic Stance** between handles.
- ❄️ **Hands** are on the handles, approximately at hip height & slightly in front of the body.
-  May ride with 2 hands on a handle or 1 hand on a handle and the other on the crossbar.
- ❄️ Select a smooth and consistent, mainly **Fall Line Descent** to minimize slipping.
- ❄️ Provide **Primary Braking** with the ability to stop at any time.

## KEY POINTS FOR TAIL OPERATORS

- ❄️ Maintains an **Athletic Stance** throughout the run.
- ❄️ **Hold the rope** using both hands in front of the body at a waist to mid-thigh level.
-  Control the rope with your downhill hand (closest to the toboggan) using functional tension.
-  The uphill hand holds the end (loop) of the rope. During transitions, gathering 1 coil of the rope is recommended.
-  **The Rope** is controlled by either hand; one controls functional tension, and the other holds the rope's end (loop).
- ❄️ Only one hand should be in the loop at all time
- ❄️ Tail Rope is kept **in the Fall Line** to minimize slipping.
- ❄️ Provide secondary braking as needed or requested.
-  **Maintain a heel-edge sideslip** throughout the run, managing functional tension. **Transitions are not permitted for snowboarders on tail rope.**
- ❄️ **Perform Transitions**, anticipating and following the lead while managing functional tension.